

How to set time on a two-hand quartz watch?

1. Remove the watch from your wrist

Do not wear your watch while you wind and set it. If you leave your watch on, you risk winding your watch at an awkward angle and, in turn, damaging the internal components and potentially loosening the crown.

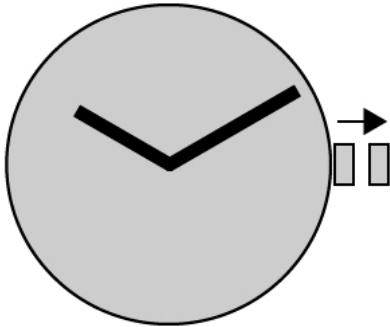
2. Unscrew crown (10 ATM or higher watches only)

If your watch is 10 ATM (or higher) water resistant, you probably first have to unscrew the crown, by turning it anti-clockwise. If you cannot turn the crown clockwise, the crown is screwed down.

3. Make sure the watch is running

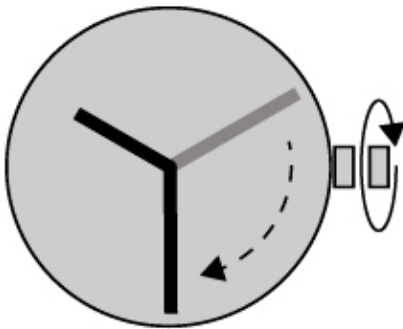
If it has been a long time since you've worn your watch, you'll want to make sure it is running before you set the time.

4. To set the time, pull the crown fully out



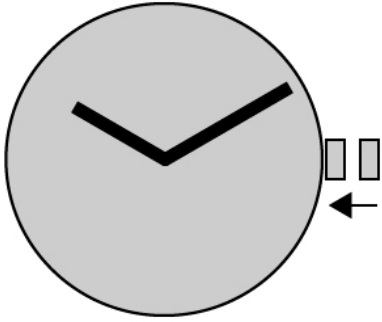
To set your watch's time, simply pull the crown out to the furthest position from the watch base. The hands stop to help you accurately set the time.

5. Set the time



Gently turn the crown clockwise (or away from you) until you set the correct time. If you overshoot your desired time, do not turn the crown counter-clockwise to go back. Turning the crown counter-clockwise will force and damage the watch's movement. Instead you will have to continue winding clockwise until you come back around to the correct time again.

7. Push the crown back in



Press the crown back into its “zero” position near the base of the watch.

If applicable, screw the crown down to ensure it is pressurized and water-tight.

Problem solving

Quartz watch does not run

If, after setting the correct time on your quartz watch does not run, it is advisable to change the watch battery.